VANILLA
JUICE PLUS+ COMPLETE
Recipes

ORANGE JULIUS SHAKER CUP

- 1 SCOOP VANILLA JUICE PLUS+ COMPLETE
- 10 - 12 OUNCES ORANGE JUICE

MIX INGREDIENTS IN A SHAKER CUP AND SHAKE FOR 30 SECONDS.

CINNAMON-BLUEBERRY SENSATION

- 1 SCOOP VANILLA JUICE PLUS+ COMPLETE
- 1/2 CUP HEMP MILK OR ALMOND MILK
- 1/2 CUP FROZEN BLUEBERRIES
- 1/4 TEASPOON CINNAMON, PLUS MORE TO TASTE
- 1/2 CUP WATER
- 2 TABLESPOONS HEMP SEEDS

BLEND INGREDIENTS FOR 30-40 SECONDS IN A HIGH SPEED BLENDER

LEMON-PEACH PIE SMOOTHIE

- 1 SCOOP VANILLA JUICE PLUS+ COMPLETE
- 1/2 CUP HEMP MILK OR ALMOND MILK
- 1/2 CUP FROZEN PEACHES
- 1/4 TEASPOON PURE LEMON EXTRACT
- 1/4 CUP WATER
- 2 TABLESPOONS HEMP SEEDS

BLEND INGREDIENTS FOR 30-40 SECONDS IN A HIGH SPEED BLENDER

RASPBERRIES AND CREAM SMOOTHIE

- 1 SCOOP VANILLA JUICE PLUS+ COMPLETE
- 1/2 CUP HEMP MILK OR ALMOND MILK
- 1/2 CUP FROZEN RASPBERRIES
- 1/4 TEASPOON PURE ALMOND EXTRACT
- 1/4 CUP WATER
- 2 TABLESPOONS HEMP SEEDS

BLEND INGREDIENTS FOR 30-40 SECONDS IN A HIGH SPEED BLENDER

COCONUT MANGO DELIGHT

- 1 SCOOP VANILLA JUICE PLUS+ COMPLETE
- 1/2 CUP HEMP MILK OR ALMOND MILK
- 1/2 CUP FROZEN MANGO CHUNKS
- 1/4 TEASPOON PURE LEMON EXTRACT
- 1/4 CUP WATER
- 2 TABLESPOONS UNSWEETENED, UN-SULFURED RAW SHREDDED COCONUT

BLEND INGREDIENTS FOR 30-40 SECONDS IN A HIGH SPEED BLENDER

ORANGE VANILLA "DREAMSICLE"

- 1 SCOOP VANILLA JUICE PLUS+ COMPLETE
- 1/2 CUP HEMP MILK OR ALMOND MILK
- 1 *WHOLE* ORANGE, PEELED AND CUT INTO CHUNKS
- 1/4 TEASPOON PURE LEMON EXTRACT
- 1/4 CUP WATER
- 1 TABLESPOON HEMP SEEDS

BLEND INGREDIENTS FOR 30-40 SECONDS IN A HIGH SPEED BLENDER

COCONUT PINEAPPLE LIME SLUSHY

- 1 SCOOP VANILLA JUICE PLUS+ COMPLETE
- 1/2 CUP HEMP MILK OR ALMOND MILK
- 3/4 CUP FROZEN PINEAPPLE CHUNKS
- 1/4 TEASPOON PURE LEMON EXTRACT
- 1/4 CUP WATER
- 2 TABLESPOONS UNSWEETENED, UN-SULFURED RAW SHREDDED COCONUT
- JUICE FROM 1/4 OF A LIME

BLEND INGREDIENTS FOR 30-40 SECONDS IN A HIGH SPEED BLENDER

CHOCOLATE JUICE PLUS+ COMPLETE *Recipes*

BETTER THAN CHOCOLATE MILK

- 1 SCOOP CHOCOLATE JUICE PLUS+ COMPLETE
- 8 - 10 OUNCES COCONUT WATER

MIX INGREDIENTS IN A SHAKER CUP AND SHAKE FOR 30 SECONDS.

TO DIE FOR CHOCOLATY PEANUT BUTTER BANANA SHAKE

- 1 SCOOP CHOCOLATE JUICE PLUS+ COMPLETE
- 1/2 FROZEN BANANA, CUT INTO CHUNKS
- 1/2 CUP HEMP MILK OR ALMOND MILK
- 2 TEASPOONS ALL-NATURAL PEANUT BUTTER
- 1/4 CUP WATER
- 2 TEASPOONS UNSWEETENED COCOA POWDER (OPTIONAL)

BLEND INGREDIENTS FOR 30-40 SECONDS IN A HIGH SPEED BLENDER

GERMAN CHOCOLATE CHERRY CAKE

- 1 SCOOP CHOCOLATE JUICE PLUS+ COMPLETE
- 1/2 CUP FROZEN CHERRIES
- 1/2 CUP ALMOND MILK
- 2 TEASPOONS ALMOND BUTTER
- 1/4 CUP WATER
- 2 TEASPOONS UNSWEETENED COCOA POWDER (OPTIONAL)

BLEND INGREDIENTS FOR 30-40 SECONDS IN A HIGH SPEED BLENDER

NEXT BEST THING TO AN "ALMOND JOY"

- 1 SCOOP CHOCOLATE JUICE PLUS+ COMPLETE
- 1/2 CUP ALMOND MILK
- 1 TABLESPOON ALMOND BUTTER
- 1/4 TEASPOON PURE ALMOND EXTRACT
- 2 TABLESPOONS UNSWEETENED, UN-SULFURED RAW SHREDDED COCONUT
- 1/2 CUP ICE CUBES

BLEND INGREDIENTS FOR 30-40 SECONDS IN A HIGH SPEED BLENDER

CHOCOLATE ALMOND RASPBERRY DECADENCE

- 1 SCOOP CHOCOLATE JUICE PLUS+ COMPLETE
- 1/2 CUP ALMOND MILK
- 1 TABLESPOON ALMOND BUTTER
- 3/4 CUP FROZEN RASPBERRIES
- 1/4 CUP WATER
- 1/4 TEASPOON PURE ALMOND EXTRACT
- 1 TABLESPOON HEMP SEEDS

BLEND INGREDIENTS FOR 30-40 SECONDS IN A HIGH SPEED BLENDER

Enjoy, and happy blending!